



**FOLLOW UP AFTER HOSPITALIZATION FOR MENTAL ILLNESS**

**The following guideline provides recommendations for members 6 years of age and older who were hospitalized for treatment of mental illness or intentional self-harm and who had a follow up visit with a mental health practitioner.**

<p>A follow up visit with a mental health practitioner within 7 or 30 days after discharge, not to include visits on date of discharge. Any of the following meets criteria:</p>	<ul style="list-style-type: none"> <li>• Outpatient visit with mental health practitioner</li> <li>• A community mental health center visit with a mental health practitioner</li> <li>• A telehealth or telephone visit with a mental health practitioner</li> <li>• An observation visit with a mental health practitioner</li> <li>• Transitional care management services with a mental health provider</li> <li>• Psychiatric collaborative care management</li> <li>• Electroconvulsive therapy</li> </ul>
<p>Follow up care for Children Prescribed ADHD Medication</p>	<p>The following guideline provides recommendations for members 6 to 12 years of age that have been newly prescribed ADD and/or ADHD disorder medications. (Applies if member didn't have any ADHD medications dispensed [new or refill prescriptions] 120 days prior to new prescription start date.)</p>
<p>A follow up visit with a practitioner with prescribing authority within 30 days after the dispensing date for the ADHD medication. Any of the following meets criteria:</p>	<ul style="list-style-type: none"> <li>• Outpatient visit</li> <li>• Observation visit</li> <li>• Health and behavior assessment/intervention</li> <li>• Community mental health center visit</li> <li>• Telehealth or Telephone visit</li> </ul>
<p>At least two follow up visits with any practitioner from 31 to 270 days after the dispensing date for the ADHD medication. Any of the following meets criteria:</p>	<ul style="list-style-type: none"> <li>• Outpatient visit</li> <li>• Observation visit</li> <li>• Health and behavior assessment/intervention</li> <li>• Community mental health center visit</li> <li>• Telehealth or Telephone visit</li> <li>• E-visit or virtual check-in (only one of the 2 visits may be an e-visit or virtual check-in)</li> </ul>
<p>These guidelines are based on the HEDIS 2024 Performance Measures. Individual patient considerations and advances in medical science may supersede or modify these recommendations.</p> <p style="text-align: right;">Revised and approved by QIC 07/29/2025</p>	